



WIBA AGM followed by “Laughing in the Face of Fear”

**on 19 November 6.30 pm - 7.00 pm (informal networking)
6.45 pm – 7.00 pm WIBA AGM (members only)
7 pm – 8 pm ‘The Fear Master’, Andy Duncan
at City Inn, Brindleyplace, Birmingham**

‘The Fear Master’ is at the sharp end of a new breed of motivational advice developed by ex-Royal Marine Physical Training Instructor, Andy Duncan.

Andy has developed The Fear Master programme to help people get over the fears and blocks that stop them from moving forward in their lives. He has brought his own experience of getting through fear as a Royal Marine in combat and overcoming extreme training challenges through motivation and mental toughness, together with proven techniques such as Time Line Therapy™, Hypnosis and Neuro Linguistic Programming (NLP).

On leaving the Marines at the end of 2007 Andy set up ‘Believe in Results’ to help others overcome limiting beliefs that have been holding their businesses or themselves back from achieving their full potential. Taking this further, he launched The Fear Master as part of his new mission to help as many people as possible to get over their life fears. By the date of the WIBA meeting, he will have just returned from the U.S working on a pilot TV show in Los Angeles.

After Andy’s session you will be able to understand:

- How to use fear as your best friend and not your enemy
- How to deal with anxiety about everyday business and/or life issues
- How to deal with anxiety in 30 seconds!

“I always feel energised and inspired after a WIBA event”

I would like to book _____ place(s) for **Laughing in the Face of Fear** on **19 November 2009** and wish to pay by BACS/enclose a cheque made payable to **“Women in Business Association”**. Members £18.00 per ticket and guests £26.00 per ticket. Please note refunds are not paid on cancellations made less than 7 days before the event

Name: _____ **Guest(s):** _____

Company: _____ **Company:** _____

Email: _____ **Tel No:** _____

Please return this slip together with your cheque by 12 November 2009] to Teresa Ahern, Administrator, Women in Business Association, 33 Brandon Road, Hall Green, Birmingham, West Midlands, B28 8DX
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